

YOU CAN OVERCOME DISEASE

By making changes to your lifestyle, you can overcome even the most challenging illnesses. The *Walk of Faith* 10-day Biblically-based education program will enable you to:

- Lose Weight
- Lower Blood Pressure
- Control Diabetes
- Eliminate Chronic Fatigue
- Fight Cancer and Heart Disease
- Feel and Look Younger

Good health begins by reversing years of learned behaviors and habits that take away from your ability to live a long and healthy life. By trusting in God and following a well-rounded program to get your lifestyle on track, you can reverse almost any chronic disease process and have optimum health every day of your life!

Good Health is a *Walk of Faith*



RATIONAL CHRISTIAN MINISTRIES™

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Walk of Faith™
Health Recovery Project

A Second Chance
For Good Health

You Don't Have To Be Sick

The rate of obesity, diabetes, stroke, heart disease, and hypertension in the United States has increased exponentially over the past few decades. Sadly, this disease phenomenon is due to the typical American diet, a lack of adequate exercise, and an overwhelming degree of daily stress. The next generation will suffer even more grievous consequences unless this trend is reversed.

The primary culprit in chronic disease is diet. If only more people would realize that by turning away from the packaged, processed foods introduced many years ago by the giant food conglomerates and marketed by the mass media, they would find relief from disease and have excellent health every day of their lives.

The desperate search to overcome chronic diseases has led to the development of many new drugs with widespread dependency by an ailing population, often with catastrophic side effects. As the cost of healthcare continues to skyrocket, solutions to chronic health problems seem to be elusive at best.

Relying strictly on physicians, hospitals, and prescription drugs for a cure is simply not the answer. We have all the knowledge to combat disease and to remain healthy through a simple and practical lifestyle – and it can all be found in the Bible. Imagine that! *Walk of Faith* can help you to find that lifestyle.

You Can Start Your New Life Today!

What Makes Us *Different*?

The *Walk of Faith* health retreat offers real hope to those seeking to prevent disease or to reverse chronic illness. Through our 10-day live-in program, *Walk of Faith* provides Biblically-based alternatives to caring for one's own health – free of prescription medications and invasive medical procedures.

The *Walk of Faith* program differs from others around the nation in three key areas:

- 1) Expectations are realistically set at the beginning of the program. While miracles certainly do happen, lifestyle changes are not easy and require follow-through and real perseverance.
- 2) Extensive training is offered so that, when leaving the program, participants are able to reasonably maintain a healthy regimen without needing other assistance or investing in additional costly programs.
- 3) Follow up is an integral part of the program, connecting participants with resources to help them maintain their new lifestyle long after they leave the program.

Rates and Included Items

Pricing for the *Walk of Faith* 10-day program and all of its services is listed below. We reserve the right to make changes to pricing without notice.

Standard Accommodations.....\$1,995
 Private Room Accommodations.....\$2,695
 Couples Rate (Private Room).....\$2,995

*Rate for local residents is \$1,795 per person.

<u>Items Included in Program Cost:</u>	<u>Optional Items (Billed Separately):</u>
Juices, Herbs, and Cleansing Drinks	Vitamins, Minerals, and Herbal Supplements
Two (2) Daily Vegan Meals	Colon Hydrotherapy
Optional Evening Fruit Plate	Steam Bath
Health Presentations and Lectures	Massage
Video Presentations	Sheet Wrap
Lifestyle Presentations/Workshops	Fever Treatment
Food Preparation Demonstrations	Skin Brush
Beach Visits, Hikes, Water Aerobics	Nutritional Analysis and Counseling
Gym/Fitness Center Activities	Additional Transportation
Group Discussion Sessions	
Hydrotherapy (As Needed)	Participants Responsible for Lab and Hair Analysis Costs
Inversion Table (As Needed)	
Notebooks and Handouts	
Enema Bag	
Airport Transportation	

Visit our website for an online application or call 808-889-5574 for more information.



Standard Accommodations

A Healthy Meal Outdoors